



Introducing...Beauterre Recovery Institute

Your new addiction treatment partner

WELCOME TO BEAUTERRE

- Beauterre Recovery Institute (BRI) is a new, state-of-the-art, 65 bed residential addiction treatment center located on 182 acres of pristine prairie in Owatonna, MN
- Offers a fresh, innovative, patient-centric and holistic treatment philosophy
- In addition to a strong focus on chemical dependency treatment and on-site mental health services, BRI integrates health and wellness structure into each personalized care plan

THE BEAUTERRE EXPERIENCE

- Responsive, personalized care that embraces evidence-based best-practices including dual-diagnosis capabilities, specialized programming and 24/7 nursing care
- Warm, bucolic environment ideally suited for healing and recovery
- Personalized care plans integrating multiple treatment modalities
- Three specifically-tailored treatment tracks...
 - *Residential Treatment Track*
 - Integrating multiple treatment modalities
 - Aftercare monitoring and case management
 - *Professionals Track*
 - Licensed professionals programs - Doctors, Nurses, Lawyers, Pilots
 - Includes return-to-work assessments and board specific reporting
 - *Recovery Restoration Track*
 - Short term, intensive, variable length residential program specific to relapse
- Data-driven approach to care, identifying the individual needs of each patient...
 - Offering chemical, medical, dietary and health and wellness assessments
 - On-site pharmacogenetic DNA genome testing
 - On-site neuropsychological evaluation
- Health & Wellness Therapies focused on the mind, body and spirit...
 - Embracing the holistic health of each patient through the use of biofeedback, massage, acupuncture, yoga, equine therapy, nutritional guidance, mindfulness meditation, gratitude groups, spiritual advisement and smoking cessation
- **Relapse Guarantee - A two week Recovery Restoration stay for any patient who relapses within 60 days of graduation!!!**

DUAL-DIAGNOSIS CAPABILITIES

- BRI is licensed to treat individuals with co-occurring disorders (MI/CD Licensed) including strong on-site mental health support and services focused on the whole person
- Provide medication management and narcotic replacement therapy in conjunction with behavioral health treatment
- Depending on the needs of each patient, BRI offers an eclectic approach to care including therapeutic approaches such as *Health Realization, Motivational Interviewing, CBT, Recovery Maintenance Education, DBT, Grief and Loss, Family Education, Pharmacological Therapies and 12-steps.*

To learn more please contact:

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